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**Defense Health Agency Communications and Public Affairs**  
**Military Health Tip**  
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## How do I get a copy of my medical records?

It depends on the type of record and where you got care.

- If you got care from a **civilian provider** (including overseas) you must request a copy from each individual health care provider. You may have to pay a fee for copying or mailing your medical records.

**Note:** If you are an active duty service member, you aren't responsible for fees charged for copying records of authorized care. If charged, you can file a claim with your Managed Care Support Contractor for reimbursement.

- If you got care at a **military hospital or clinic**, see below chart. This applies stateside and overseas.

Type of Record	Records in MHS GENESIS	Records Before MHS GENESIS
Medical Records	<ol style="list-style-type: none"><li>1. Log in to <a href="#">MHS GENESIS</a>.</li><li>2. Select the Health Records tab.</li><li>3. Select the records you want to see.</li></ol> <p>You can view or print your records.</p>	Health records before MHS GENESIS was implemented at your military hospital or clinic, are stored on <a href="#">TRICARE Online Patient Portal</a> . On April 1, 2025, the DOD is decommissioning the TOL Patient Portal. You must <a href="#">download or print your health records</a> before April 1st. You won't have access to the TOL Patient Portal starting April 1, 2025. To learn more, visit the <a href="#">View Personal Health Information From Your Military Health Record page</a> .
Prescription Records	<ol style="list-style-type: none"><li>1. Log in to <a href="#">MHS GENESIS</a>.</li><li>2. From the More tab, select the Medications option.</li></ol> <p>You can view or print your records.</p>	

**Note:** If your records aren't available online, visit the [Request Archived Health Records page](#) to learn how to get copies of your archived records.